



CALM Counseling on Access to Lethal Means is a best practice informed suicide prevention curriculum.

CALM teaches these lifesaving skills:

This 3-hour workshop is designed to help providers implement strategies to put time and distance between someone at risk of suicide and lethal means. This workshop includes relevant information on suicide and the public health approach to suicide prevention.

CALM Counseling on Access to Lethal Means is designed to:

- Develop the skills necessary to support a person at risk of suicide and their family
- Create an understanding of the need to put time and distance between someone at risk of suicide and a wide range of lethal means
- Provide basic information and data about public health approaches to suicide prevention
- Provide an introduction to firearms
- Model intervention strategies through the use of role plays and video presentations

Workshops are approximately 3 hours in length and have a capacity around 25 participants.

Workshops are open to law enforcement, first responders, military and Veteran service organizations, health care professionals, school counselors and administrators, mental health and behavioral health providers and other community members working with individuals at risk of suicide.

For more information contact:

