



TVC'S VETERANS MENTAL HEALTH DEPARTMENT **Veteran Suicide Prevention Program**

Every day, 17 veterans take their lives across the United States, according to data from the Department of Veterans Affairs. Veterans are at 50% higher risk of suicide than their peers who have not served. In 2019, the suicide rate was 1.5x higher for Veterans than for non-Veteran adults over the age of 18 in the U.S.

Our Mission

While suicide is often thought of as an individual problem, it has devastating impacts on families, loved ones, and communities making it a public health issue. Our goal is to reduce veteran suicide across Texas through collaboration with national, state, and local partnerships and initiatives bringing together many different resources, perspectives, and strategies aimed at saving the lives of Texas veterans.

Our Role

The Veteran Suicide Prevention Program is housed within Texas Veterans Commission's (TVC) Veterans Mental Health Department (VMHD). The Veteran Suicide Prevention Coordinator and the VMHD team are ready to offer technical assistance and training on suicide prevention and intervention strategies including gatekeeping, lethal means restriction, best practices, safe messaging, accessing local community resources, and others.

FREE Certified trainings offered:

- AS+K? Basic Suicide Gatekeeper Training
- CALM: Counseling on Access to Lethal Means
- Military Cultural Competency / Military Informed Care
- PTSD & Military Traumas
- And more

For More Information Contact:

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www.tvc.texas.gov (click mental health)

www.veteransmentalhealth.texas.gov | www.milvetpeer.net

